American Heart Association. HeartCode® Laerdal helping save lives

HeartCode® Complete 2025
BLS, ACLS, PALS LEARNING CURRICULA
Efficient High-Quality Resuscitation Education

A Learner's Journey

2025 CPR & ECC GUIDELINES — American Heart Association.

HeartCode Complete

Every 2 Years — **Verified Performance**

eLearning + Self-Directed Skills at Simulation Station = eCard

	HeartCode Complete BLS	HeartCode Complete ACLS	HeartCode Complete PALS
LEARNER	Personnel directly involved in patient care, such as nurses, physicians, respiratory therapists, and radiologic technicians.	Personnel who either direct or participate in adult emergencies, such as emergency response, emergency medicine, intensive care and critical care units.	Personnel who respond to infant and children emergencies such as emergency response, emergency medicine, intensive care and critical care units.
OBJECTIVE	Verifies performance of high-quality CPR skills and basic life support knowledge.	Verifies performance of high-quality CPR skills and advanced cardiopulmonary life support knowledge.	Verifies performance of high-quality CPR skills and pediatric advanced life support knowledge.
eLEARNING True Adaptive, technology-enhanced learning that supports cognitive competence.	**True Adaptive Online Course** (45-60 min)* Modules include: • High-Quality CPR in Adults • High-Quality CPR in Children and Infants • Team Dynamics • Special Considerations • Choking	**True Adaptive Online Course** (Two-Three hrs)* Modules include: • Systems of Care and High-Performance Teams • Acute Coronary Syndromes • Stroke • Bradycardia • Tachycardia • Respiratory Arrest • Cardiac Arrest and Continuous Assessment of the Patient	**True Adaptive Online Course** (Three-Four Hrs)* Modules include: • High-Quality CPR • Recognizing Respiratory Problems • Upper and Lower Airway Obstruction • Lung Disease • Types of Shock • Distributive Shock • Cardiogenic Shock, Obstructive Shock, and Other Causes of Shock • Bradycardic Rhythms • Tachycardic Rhythms • Cardiac Arrest Management and Post-Cardiac Arrest Management
SKILLS Hands-on Activities at Simulation Station	• Adult and Child Compressions • Adult and Child Ventilations • 2-Rescuer Adult CPR • Infant Compressions • Infant Ventilations • 2-Rescuer Infant CPR (15:2)	• Adult and Child Compressions • Adult and Child Ventilations • 2-Rescuer Adult CPR	• Adult and Child Compressions • Adult and Child Ventilations • 2-Rescuer Adult CPR • Infant Compressions • Infant Ventilations • 2-Rescuer Infant CPR (15:2)
AHA eCARDS Available upon course completion and valid for 2 years	**BASIC LIFE SUPPORT** BLS Provider — has successfully completed the cognitive and skills evaluations in accordance with the curriculum of the American Heart Association Basic Life Support (CPR and AED) Program. Issue Date / Renew By — FOR REFERENCE ONLY	**ADVANCED CARDIOVASCULAR LIFE SUPPORT** ACLS Provider — has successfully completed the cognitive and skills evaluations in accordance with the curriculum of the American Heart Association Advanced Cardiovascular Life Support (ACLS) Program. Issue Date / Renew By — FOR REFERENCE ONLY	**PEDIATRIC ADVANCED LIFE SUPPORT** PALS Provider — has successfully completed the cognitive and skills evaluations in accordance with the curriculum of the American Heart Association Pediatric Advanced Life Support (PALS) Program. Issue Date / Renew By — FOR REFERENCE ONLY